# SafeLandUSA™ 2021 Tests & Answer Sheets



#### **MODULE 4 – VERSION A**

- 1. Which of the following prevents the accumulation of materials with the potential to cause slips, trips, and falls, fire and explosion hazards, and pest accumulation?
  - A. Bloodborne safety policy
  - B. Excavation procedures
  - C. Housekeeping practices
  - D. Pest control program
- 2. Which of the following is designed as a work platform and is usually provided for elevated work during large construction or maintenance projects?
  - A. Scaffold
  - B. Ladder
  - C. Guardrail
  - D. Handrail
- 3. Scaffolds and scaffold components must be inspected by a(n) \_\_\_\_\_ before workers are allowed to use them, before each shift, and after any situation that could affect their safe use.
  - A. affected worker
  - B. assigned worker
  - C. nonqualified supervisor
  - D. competent person
- 4. A company must \_\_\_\_\_ a machine operator for an aerial lift to be used.
  - A. authorise
  - B. supervise
  - C. contract
  - D. incentivize
- 5. Workers working at a height of \_\_\_\_ ft. or above lower levels in general industry must be protected from falling.
  - A. 4
  - B. 6
  - C. 8
  - D. 10
- 6. Which of the following is a system designed to break a worker's fall and includes a full body harness, anchor point, and connector?
  - A. Fall restraint
  - B. Rope connector
  - C. Personal fall arrest
  - D. Guardrail





7.	The most effective way to save lives and reduce injuries in crashes is to
A.	wear a seat belt
В.	talk on the phone while driving
C.	follow the route given by your global positioning system (GPS)
D.	match the speed of the other drivers
8.	How often must personal fall arrest systems be inspected?
A.	Before each use
В.	Once a week
C.	Once a month
D.	Once a year
9. opera	Classroom training, hands-on training, and are required for forklift and crane operators before they can te equipment in the field.
•	
A.	,, ,
В.	completion of a 6 month mentoring program
C.	an evaluation
D.	a passing score of at least 80% on a written exam
10.	What should occur if a lift deviates from the lift plan?
A.	An additional supervisor should be present.
В.	The Person in Charge (PIC) should issue a Permit of Deviation.
C.	The lift plan should be discarded.
D.	The job should be stopped.
11.	When performing a lift, do not exceed the of the lifting equipment.
A.	height of the cab
В.	dynamic or static capacities
C.	steel strength
D.	gravitational spread
12.	A safe work practice when performing mechanical lifting operations includes which of the following?
A.	Standing beneath lifted loads
В.	Inserting your hands, feet, or body into pinch points
C.	Making sure you are out of the line of fire of moving loads
D.	Avoiding the use of taglines
13. which	To protect people around suspended loads and any lifting operations, access should be controlled through of the following?
A.	Physical barriers and exclusion zones  Posted signs
В.	Posted signs  Permits



Sign-in sheets

D.



14. What can workers do to avoid being in the line of fire? A. Stand near rotating machines and equipment. В. Remain out of sight of machine and equipment operators. C. Position themselves to avoid pressure releases. D. Walk through exclusion zones. **15.** Which of the following is one of the main causes of distracted driving? A. Remaining focused on the road and traffic ahead В. Dirty glasses or sunglasses C. Singing to music D. Cell phone use 16. When driving, it is your responsibility to \_\_\_\_\_. A. exceed the speed limit В. disobey traffic signs and signals C. never drive under the influence D. drive when fatigued **17.** Which of the following refers to workers putting a plan in place before beginning a drive? A. **Fatigue mitigation** В. Journey management C. **Cargo securement** D. Pre-trip inspections 18. Which of the following parts of a personal fall arrest system is made of straps that secure a worker so the force of a fall is distributed over their shoulders, chest, waist, pelvis, and thighs? A. **Full body harness** В. **Deceleration device** C. Lanyard D. **Anchor point** 19. Any time you are unsure of road conditions, \_\_\_\_\_. A. speed up until you are in better road conditions В. slow down no matter what the posted speed limit is C. turn around and cancel your trip D. follow the posted speed limit 20. When driving, workers should be \_\_\_\_\_. under the influence of drugs or alcohol A. В. fatigued C. fit, rested, and fully alert



D.

distracted by using their cell phones



#### **MODULE 4 – VERSION B**

1.	Scaffolds and scaffold components must be inspected by a(n)	before workers are allowed to use them,
before	each shift, and after any situation that could affect their safe use.	

- A. affected worker
- B. assigned worker
- C. nonqualified supervisor
- D. competent person
- 2. When performing a lift, do not exceed the \_\_\_\_\_ of the lifting equipment.
  - A. height of the cab
  - B. dynamic or static capacities
  - C. steel strength
  - D. gravitational spread
- 3. Which of the following is designed as a work platform and is usually provided for elevated work during large construction or maintenance projects?
  - A. Scaffold
  - B. Ladder
  - C. Guardrail
  - D. Handrail
- 4. To protect people around suspended loads and any lifting operations, access should be controlled through which of the following?
  - A. Physical barriers and exclusion zones
  - B. Posted signs
  - C. Permits
  - D. Sign-in sheets
- 5. Which of the following is a system designed to break a worker's fall and includes a full body harness, anchor point, and connector?
  - A. Fall restraint
  - B. Rope connector
  - C. Personal fall arrest
  - D. Guardrail
- 6. Workers working at a height of \_\_\_ ft. or above lower levels in general industry must be protected from falling.
  - Α.
  - B. 6
  - C. 8
  - D. 10





7.		Which of the following is one of the main causes of distracted driving?
	A.	Remaining focused on the road and traffic ahead
	В.	Dirty glasses or sunglasses
	C.	Singing to music
	D.	Cell phone use
8.		A company must a machine operator for an aerial lift to be used.
	A.	authorise
	В.	supervise
	C.	contract
	D.	incentivize
9.		How often must personal fall arrest systems be inspected?
	A.	Before each use
	В.	Once a week
	C.	Once a month
	D.	Once a year
10.		Which of the following refers to workers putting a plan in place before beginning a drive?
	A.	Fatigue mitigation
	В.	Journey management
	C.	Cargo securement
	D.	Pre-trip inspections
11.		What should occur if a lift deviates from the lift plan?
	A.	An additional supervisor should be present.
	В.	The Person in Charge (PIC) should issue a Permit of Deviation.
	C.	The lift plan should be discarded.
	D.	The job should be stopped.
12.		Which of the following prevents the accumulation of materials with the potential to cause slips, trips, and falls
fire	and	d explosion hazards, and pest accumulation?
	A.	Bloodborne safety policy
	В.	Excavation procedures
	C.	Housekeeping practices
	D.	Pest control program
13.		When driving, it is your responsibility to
	A.	exceed the speed limit
	В.	disobey traffic signs and signals
	C.	never drive under the influence
	D.	drive when fatigued
		-





14.		nich of the following parts of a personal fall arrest system is made of straps that secure a worker so the force
of a fa	ll is c	distributed over their shoulders, chest, waist, pelvis, and thighs?
A.		Full body harness
В.		Deceleration device
C.		Lanyard
D.		Anchor point
15.	An	y time you are unsure of road conditions,
A.		speed up until you are in better road conditions
В.		slow down no matter what the posted speed limit is
C.		turn around and cancel your trip
D.		follow the posted speed limit
16.	Wł	nat can workers do to avoid being in the line of fire?
	A.	Stand near rotating machines and equipment.
	В.	Remain out of sight of machine and equipment operators.
	C.	Position themselves to avoid pressure releases.
	D.	Walk through exclusion zones.
17.	Wł	nen driving, workers should be
A.		under the influence of drugs or alcohol
В.		fatigued
C.		fit, rested, and fully alert
D.		distracted by using their cell phones
18.	A s	afe work practice when performing mechanical lifting operations includes which of the following?
A.		Standing beneath lifted loads
В.		Inserting your hands, feet, or body into pinch points
C.		Making sure you are out of the line of fire of moving loads
D.		Avoiding the use of taglines
19.	Cla	ssroom training, hands-on training, and are required for forklift and crane operators before they can
operat	e eq	uipment in the field.
A.		a minimum of 40-hours of apprenticeship training
В.		completion of a 6 month mentoring program
C.		an evaluation
D.		a passing score of at least 80% on a written exam
20.	The	e most effective way to save lives and reduce injuries in crashes is to
A.		wear a seat belt
В.		talk on the phone while driving
C.		follow the route given by your global positioning system (GPS)
D.		match the speed of the other drivers





#### **MODULE 4 – VERSION C**

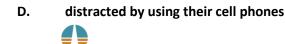
1.	How often must	nersonal fall arrest	systems be inspected?
<b></b>	HOW OILEH HIUSE	personal fall affest i	ysterns be mspected:

- A. Before each use
- B. Once a week
- C. Once a month
- D. Once a year
- 2. A company must \_\_\_\_\_ a machine operator for an aerial lift to be used.
  - A. authorise
  - B. supervise
  - C. contract
  - D. incentivize
- 3. Which of the following is a system designed to break a worker's fall and includes a full body harness, anchor point, and connector?
  - A. Fall restraint
  - B. Rope connector
  - C. Personal fall arrest
  - D. Guardrail
- 4. Which of the following is designed as a work platform and is usually provided for elevated work during large construction or maintenance projects?
  - A. Scaffold
  - B. Ladder
  - C. Guardrail
  - D. Handrail
- 5. The most effective way to save lives and reduce injuries in crashes is to \_\_\_\_\_.
  - A. wear a seat belt
  - B. talk on the phone while driving
  - C. follow the route given by your global positioning system (GPS)
  - D. match the speed of the other drivers
- 6. What can workers do to avoid being in the line of fire?
  - A. Stand near rotating machines and equipment.
  - B. Remain out of sight of machine and equipment operators.
  - C. Position themselves to avoid pressure releases.
  - D. Walk through exclusion zones.





7. To protect people around suspended loads and any lifting operations, access should be controlled through which of the following? A. Physical barriers and exclusion zones B. Posted signs C. Permits D. Sign-in sheets 8. Which of the following prevents the accumulation of materials with the potential to cause slips, trips, and falls, fire and explosion hazards, and pest accumulation? A. Bloodborne safety policy В. **Excavation procedures** C. **Housekeeping practices** D. Pest control program 9. Workers working at a height of \_\_\_\_ ft. or above lower levels in general industry must be protected from falling. A. 4 6 В. C. 8 D. 10 10. When driving, it is your responsibility to \_\_\_\_\_. A. exceed the speed limit В. disobey traffic signs and signals C. never drive under the influence D. drive when fatigued 11. Which of the following is one of the main causes of distracted driving? A. Remaining focused on the road and traffic ahead Dirty glasses or sunglasses В. C. Singing to music D. Cell phone use 12. What should occur if a lift deviates from the lift plan? A. An additional supervisor should be present. В. The Person in Charge (PIC) should issue a Permit of Deviation. C. The lift plan should be discarded. D. The job should be stopped. 13. When driving, workers should be \_\_\_\_\_.



SAFELANDUSA

fatigued

under the influence of drugs or alcohol

fit, rested, and fully alert

A.

В.

C.



14.	A safe work practice when performing mechanical lifting operations includes which of the following?
A.	Standing beneath lifted loads
В.	Inserting your hands, feet, or body into pinch points
C.	Making sure you are out of the line of fire of moving loads
D.	Avoiding the use of taglines
15.	Scaffolds and scaffold components must be inspected by a(n) before workers are allowed to use them,
before	each shift, and after any situation that could affect their safe use.
A.	affected worker
В.	assigned worker
C.	nonqualified supervisor
D.	competent person
16.	Which of the following refers to workers putting a plan in place before beginning a drive?
A.	Fatigue mitigation
В.	Journey management
C.	Cargo securement
D.	Pre-trip inspections
17.	Which of the following parts of a personal fall arrest system is made of straps that secure a worker so the force
of a fa	l is distributed over their shoulders, chest, waist, pelvis, and thighs?
A.	Full body harness
В.	Deceleration device
C.	Lanyard
D.	Anchor point
18.	Classroom training, hands-on training, and are required for forklift and crane operators before they can
operat	e equipment in the field.
A.	a minimum of 40-hours of apprenticeship training
В.	completion of a 6 month mentoring program
C.	an evaluation
D.	a passing score of at least 80% on a written exam
19.	When performing a lift, do not exceed the of the lifting equipment.
A.	height of the cab
В.	dynamic or static capacities
C.	steel strength



gravitational spread

D.



- 20. Any time you are unsure of road conditions, \_\_\_\_.
  - A. speed up until you are in better road conditions
  - B. slow down no matter what the posted speed limit is
  - C. turn around and cancel your trip
  - D. follow the posted speed limit





#### **MODULE 4 – VERSION D**

- 1. Any time you are unsure of road conditions, \_\_\_\_\_.
  - A. speed up until you are in better road conditions
  - B. slow down no matter what the posted speed limit is
  - C. turn around and cancel your trip
  - D. follow the posted speed limit
- 2. Which of the following refers to workers putting a plan in place before beginning a drive?
  - A. Fatigue mitigation
  - B. Journey management
  - C. Cargo securement
  - D. Pre-trip inspections
- 3. Which of the following is a system designed to break a worker's fall and includes a full body harness, anchor point, and connector?
  - A. Fall restraint
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  - C. Personal fall arrest
  - D. Guardrail
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  - A. Remaining focused on the road and traffic ahead
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- 5. To protect people around suspended loads and any lifting operations, access should be controlled through which of the following?
  - A. Physical barriers and exclusion zones
  - B. Posted signs
  - C. Permits
  - D. Sign-in sheets
- 6. When driving, it is your responsibility to \_\_\_\_\_.
  - A. exceed the speed limit
  - B. disobey traffic signs and signals
  - C. never drive under the influence
  - D. drive when fatigued





7. constr	Which of the following is designed as a work platform and is usually provided for elevated work during large uction or maintenance projects?
A.	Scaffold
В.	Ladder
C.	Guardrail
D.	Handrail
8.	How often must personal fall arrest systems be inspected?
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В.	Once a week
C.	Once a month
D.	Once a year
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C.	The lift plan should be discarded.
D.	The job should be stopped.
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A.	under the influence of drugs or alcohol
В.	fatigued
C.	fit, rested, and fully alert
D.	distracted by using their cell phones
11.	The most effective way to save lives and reduce injuries in crashes is to
A.	wear a seat belt
В.	talk on the phone while driving
C.	follow the route given by your global positioning system (GPS)
D.	match the speed of the other drivers
12.	A company must a machine operator for an aerial lift to be used.
A.	authorise
В.	supervise
C.	contract
D.	incentivize
13.	Workers working at a height of ft. or above lower levels in general industry must be protected from falling.
A.	4
В.	6
C.	8
D.	10





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14.	When performing a lift, do not exceed the of the lifting equipm	nent.
A.	height of the cab	
В.	-	
C.	·	
D.	o. gravitational spread	
15.	Which of the following parts of a personal fall arrest system is made	of straps that secure a worker so the force of
a fall i	is distributed over their shoulders, chest, waist, pelvis, and thighs?	
A.	a. Full body harness	
В.	Deceleration device	
C.	C. Lanyard	
D.	O. Anchor point	
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A.	Stand near rotating machines and equipment.	
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before	re each shift, and after any situation that could affect their safe use.	
A.	affected worker	
В.	assigned worker	
C.	nongualified supervisor	

- D. competent person
- 19. A safe work practice when performing mechanical lifting operations includes which of the following?
  - A. Standing beneath lifted loads
  - B. Inserting your hands, feet, or body into pinch points
  - C. Making sure you are out of the line of fire of moving loads
  - D. Avoiding the use of taglines





20. Classroom training, hands-on training, and \_\_\_\_ are required for forklift and crane operators before they can operate equipment in the field.

- A. a minimum of 40-hours of apprenticeship training
- B. completion of a 6 month mentoring program
- C. an evaluation
- D. a passing score of at least 80% on a written exam





### SafeLandUSA™ 2021

## Module 4 Test Answer Keys

Version A		
<u>1 C</u>		
<u>2</u> A		
<u>3</u> <u>D</u>		
<u>4</u> A		
<u>5 A</u>		
<u>6</u> C		
<u>7 A</u>		
<u>8 A</u>		
<u>9</u> <u>C</u>		
<u>10 D</u>		
<u>11 B</u>		
<u>12 C</u>		
<u>13 A</u>		
<u>14 C</u>		
<u>15 D</u>		
<u>16 C</u>		
<u>17 B</u>		
<u>18 A</u>		
<u>19 B</u>		
<u>20 C</u>		

Version B	
<u>1</u> <u>D</u>	
<u>2</u> B	
<u>3</u> A	
<u>4</u> A	
<u>5</u> <u>C</u>	
<u>6</u> A	
<u>7</u> <u>D</u>	
<u>8</u> A	
<u>9</u> A	
<u>10 B</u>	
<u>11</u> D	
<u>12 C</u>	
<u>13</u> <u>C</u>	
<u>14 A</u>	
<u>15 B</u>	
<u>16 C</u>	
<u>17 C</u>	
<u>18 C</u>	
<u>19</u> <u>C</u>	
<u>20 A</u>	

Version C
<u>1 A</u>
<u>2</u> A
<u>3</u> <u>C</u>
<u>4</u> A
<u>5 A</u>
<u>6 C</u>
<u>7 A</u>
<u>8 C</u>
9 A
<u>10 C</u>
<u>11 D</u>
<u>12 D</u>
<u>13 C</u>
<u>14 C</u>
<u>15 D</u>
<u>16 B</u>
<u>17 A</u>
<u>18 C</u>
<u>19 B</u>
<u>20 B</u>

Version D
<u>1</u> B
<u>2</u> B
<u>3</u> C
<u>4</u> D
<u>5 A</u>
<u>6</u> C
<u>7 A</u>
<u>8</u> A
<u>9</u> D
<u>10 C</u>
<u>11 A</u>
<u>12 A</u>
<u>13 A</u>
<u>14 B</u>
<u>15 A</u>
<u>16 C</u>
<u>17 C</u>
<u>18</u> D
<u>19</u> C
<u>20</u> C



